

# **SRI SIVA VISHNU TEMPLE**

6905 Cipriano Road, Lanham MD-20706 Phone: (301) 552 3335 Email: ssvt@ssvt.org Fax: (301) 552 1204 Website: www.ssvt.org

**2022-2023** Ayyappa Mandala Makarotsavam Schedule

## **DAILY PUJA SCHEDULE**

9:30 am -11:00 am Ayyappa Puja (Abhishekam, Ashtothra Archana, Deeparadhana) 7:00 pm - 9:00 pm Sahasranama Stotram, Athaazha Puja, Seeveli, Harivarasanam

#### **SPECIAL PUJA SCHEDULE**

8:00 am -10:00 am	Irumudi Preparation & Climbing of Holy Steps
9:30 am	Suprabhatham
10:00 am	Abhishekam
10:30 am	Alankaram, Bhajan
11:15 am	Sahasranamam, Ashtothram, Ayyappa Ashtakam, Kavacham,
	Deeparadhana, Namaskaram, Padi Pattu, Deeparadhana, Temple Song
1:00 pm	Prasadam distribution

PLEASE NOTE – CLIMBING OF HOLY STEPS ONLY ON SPECIAL AYYAPPA PUJA DAYS. Registration is mandatory. To register click here: <u>https://www.ssvt.org/ayyappa-mandalam/</u>

## Wednesday, November 16, 2022

9:30 am - 12:00 pm Bimba Sudhi

7:00 pm - 8:00 pm Praasadha Sudhi

## Thursday, November 17, 2022

#### MANDALA UTSAVA AARAMBHAM

7:00 pm -	8:00 pm	PADI PUJA,
10:00 am -	1:00 pm	SAHASRAABHISHEKAM, Ayyappa Puja, Deeparadhana
9:00 am -	9:30 am	Dwaja Aarohanam
8:00 am -	9:00 am	Ganapathi Homam

8:00 pm - 9:00 pm Athaazha Puja, Seeveli, Harivaraasanam

Saturday, November 19, 2022 8:00 am - 2:00 pm Special Ayyappa Puja, UDAYASTHAMANA PUJA

Sunday, November 20, 2022 8:00 am - 1:00 pm Special Ayyappa Puja

Saturday, November 26, 2022 8:00 am - 1:00 pm Special Ayyappa Puja, PUSHPAALANKARAM

## Sunday, November 27, 2022

8:00 am -1:00 pmSpecial Ayyappa Puja7:00 pm -9:00 pmPUSHPABHISHEKAM, Seeveli, Harivarasanam

Saturday, December 3, 2022 8:00 am - 1:00 pm Special Ayyappa Puja, NEYYABHISHEKAM

Sunday, December 4, 2022 8:00 am - 1:00 pm Special Ayyappa Puja

Saturday, December 10, 2022 8:00 am - 1:00 pm Special Ayyappa Puja, KALABHAABHISHEKAM

Sunday, December 11, 2022 8:00 am - 1:00 pm Special Ayyappa Puja Saturday, December 17, 2022 8:00 am - 1:00 pm Special Ayyappa Puja, ASHTABHISHEKAM

Sunday, December 18, 2022 8:00 am - 1:00 pm Special Ayyappa Puja

Saturday, December 24, 2022 8:00 am - 1:00 pm Special Ayyappa Puja, DEEPALANKARAM

Sunday, December 25, 2022 8:00 am - 1:00 pm Special Ayyappa Puja

Monday, December 26, 2022 8:00 am - 1:00 pm Special Ayyappa Puja, NAVAKA KALASA ABHISHEKAM

Tuesday, December 27, 2022 MANDALA PUJA

8:00 am - 1:00 pm Special Ayyappa Puja, Nirmalya Darsanam, Abhishekam, **MANDALA PUJA**, Archana, Deeparadhana

7:00 pm - 9:00 pm Bhajan, Sahasranama Stotram, Deeparadhana, Athazha Puja, **Seeveli** with Thalapoli, Bhasmabhishekam, Harivarasanam

Saturday, December 31, 2022 8:00 am - 1:00 pm Special Ayyappa Puja

Saturday, January 7, 2023 8:00 am - 1:00 pm Special Ayyappa Puja, CHANDANAKKAPPU

Sunday, January 8, 2023 8:00 am - 1:00 pm Special Ayyappa Puja

Saturday, January 14, 2023 MAKARA VILAKKU

8:00 am - 1:00 pm Special Ayyappa Puja, Makara Sankramabhishekam, Archana, Deeparadhana

7:00 pm - 9:00 pm **THIRUVABHARANAM**, Deeparadhana, Sahasranama Stotram, Seeveli with Thalapoli, Acharya Sambhavana, Bhasmabhishekam, Harivarasanam,

Sunday, January 15, 2023 7:30 pm - 8:30 pm Malikappurthamma Puja

Monday, January 16, 2023 7:30 pm - 8:30 pm Malikappurthamma Puja

**Tuesday, January 17, 2023** 7:30 pm - 8:30 pm Malikappurthamma Puja

Wednesday, January 18, 2023 9:30 am - 12:30 pm Kalabha Puja & KALABHABHISHEKAM

**Thursday, January 19, 2023** 7:00 pm - 9:00 pm Bhajan, **Dwaja Avarohanam, GURUTHI PUJA**, Bhasmabhishekam, Harivarasanam

## 2022-2023 SSVT AYYAPPA MANDALA MAKARA SANKRANTI PUJA SPONSORSHIP FORM

First Name	Last Name		Birth Star	
	E-mail:			
SER 9	City:	State:	Zip Code:	
	Address:			
	Gothram:			
A	Family Name:			

	•			11/17/2022
	E-mail:			11/27/2022
-		Last Name	Birth Star	12/27/2022
ne			Dirtii Star	01/14/2023
				TOTAL Sponso

Date(s) of Puja	Puja Sponsored	Amount
All Year	All Puja for Season & Monthly Puja	\$ 501.00
11/16/2022 - 01/19/2023	All Puja for Entire Season	\$ 351.00
See Schedule	All Special Ayyappa Puja	\$ 251.00
11/17/2022	MANDALOTHSAVA AARAMBHAM	\$ 61.00
11/17/2022	PADI PUJA	\$ 31.00
11/27/2022	Pushpabhishekam	\$ 31.00
12/27/2022	MANDALA PUJA	\$ 61.00
01/14/2023	MAKARA SANKRANTHI	\$ 61.00
	One Day Weekend Special Puja	\$ 51.00
	One day Regular Puja	\$ 31.00
	Irumudi Materials & Abhishekam	\$ 91.00
	Irumudi Abhishekam	\$ 31.00
	Annadhanam	\$
	Donation	\$
TOTAL Sponsorship (Check/Cash Enclosed): \$		
	Please make check payable to SSVT	

#### FOR REGISTRATION AND SPONSORSHIP: https://www.ssvt.org/ayyappa-mandalam/

## AYYAPPA MANDALA - MAKAROTSAVAM <u>Austerities and Preparation required for the Pilgrimage to Ayyappa Sannidhi with Irumudi</u>

## **Ayyappa Vratham**

Devotees who wish to go to Sabarimala have to observe vratham (follow certain austerities) for one mandalam (41 days) to purify the mind and soul. On the first day of the month of Karthika/ Vrichikam (the middle of November), devotees wear the mudra maala and start the vratham.

#### Manthram to be chanted before wearing mudra maala

Gjaana Mudraam Saasthru Mudraam Guru Mudraam Namaamyaham Vana Mudraam Sudha Mudraam Rudra Mudraam Namaamyaham Saantha Mudraam Sathya Mudraam Vritham Mudraam Namaamyaham Sabaryaasrama Sathyena Mudraam Paathu Sathaapi Me Gurudakshinaaya Poorvam Thasyaanugraha Kaarine Saranaagatha Mudraakyam Thvan Mudraam Dhaarayaamyaham Chin Mudraam Khechari Mudraam Bhadra Mudraam Namaamyaham Sabaryaachala Mudraayay Namasthubhyam Namo Namaha

Devotees wear the mudra maala after chanting the above manthram

#### Manthram to remove mudra maala

Apoorvam Achaalaroha Divya Darsanakaarana

Saasthrumudraath Makaadeva Dehi Me Vrithamochanam

Devotees remove the mudra maala after chanting the manthram. The mudra maala and lrumudi be kept under the feet of Lord Ayyappa and used again.

#### "SWAMIYE SARANAM AYYAPPA"

#### Important austerities to be observed during vratham

- Observe Brahmacharyam during the vratham
- Always start the conversation with "Swami Saranam"
- Take shower twice daily and chant the names of Lord Ayyappa
- Control your temper and be kind to others
- · Consume only freshly cooked vegetarian food
- Do not smoke or consume alcoholic beverages
- · Attend Puja either at the temple or wherever conducted
- Treat your body, mind and intellect as the abode of Ayyappa

#### How to prepare irumudi (in brief)

After performing Ayyappa Puja, fill the mudra coconut with melted ghee. If you are a Kanni Ayyappan or Kanni Maalikappuram (first timer), Guruswamy will help you to fill the mudra coconut with ghee. Mudra coconut and other Pujaitems must be placed in the front pocket of the Irumudi and the other two coconuts must be placed in the rear pocket. Always keep chanting the names of Lord Ayyappa while preparing the Irumudi. Never place the Irumudi on the floor; always place it on a towel and treat it with Bhakthi.

#### Irumudi Items

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ITEMS	QTY	COMMENTS
I. MUNMUDI (FRONT)		
01. Kanikka panam (coin)	1	-
02. Beetel Leaf	1	-
03. Areca Nut - Supari	1	-
04. Mudra coconut with Ghee	1	The shell has to be polished drained by removing the middle eye of the coconut; find a cork to tightly seal the opened eye
05. Honey	1bottle	Plastic; small
06. Turméric Powder	1 packet	Small Packet
07. Sandal -	-	Few tablets or powder
08. Vibhoothi	1 packet	
09. Rose Water	1bottle	Plastic; small
II. PINMUDI (BACK)		
01. Coconut	2(Min)	One to break before climbing Holy Steps and one to
02 Disc	1 na diat	break after coming down the Steps after puja Small Packet
02. Rice 03. Avil	1 packet	Extra small zip lock
04. Malar	1 packet	
05. Kadali pazham or Jaggery	1	1 small piece
06. Kalkandam (Sugar Candy)	-	Few tablets
07. Dry Grape	1 packet	Extra small zip lock
08. Kumkum		Small Packet
09. Camphor	-	Few tablets
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For Further Information email ssvt.ayyappa@gmail.com or contact by phone: Suresh Babu 301-330-5533, BT Nivas 703-635-4939, Ekambar Bomma 702-527-8692, Theo Meyyappan 443-756-4466, Sowrirajan 703-559-4682, Aditya Kothuri 484-901-6931

#### MONTHLY AYYAPPA PADI PUJA AND IRUMUDI ABHISHEKAM



Consequent to the Installation and consecration of the Panchaloha Kavacham for the 18 Holy Steps, Sri Siva Vishnu Temple will be conducting monthly PADI PUJA and Irumudi Abhishekam and Puja from April to October every year. This will enable devotees to take Irumudi and climb the Holy steps during warm weather.

# Devotees can prepare lrumudi at the temple. Please email <u>ssvt.ayyappa@gmail.com</u> for additional details.

Sponsorship:

All Monthly PADI PUJAS (From April to October) - \$501.00 Monthly PADI PUJA - \$101.00 Irumudi Abhishekam and Puja - \$91.00 (Irumudi provided by Temple)

Irumudi Abhishekam and Puja - \$31.00 (Irumudi provided by devotee) Please click below to sponsor:

https://www.cognitoforms.com/SriSivaVishnuTemple/ MonthlyAyyappaPadiPujaIrumudi

Swamiye Saranam Ayyappa!!

To receive email notifications about the avyappa pujas please join ssvtayyappa google group by sending an email to ssvtayyappa+subscribe@googlegroups.com and by replying to the auto-response email to confirm joining the group. Note that clicking on join this group on the auto response email does not work.