



# Sarpabali



**Thursday, September 22, 2022  
6:30 pm to 8:30 pm**

Sarpabali, a powerful tantric puja of Lord Nagaraja on Ashlesha nakshatra or star Ayilyam, is the worship of 54 divine snakes (including Lord Siva's Vasuki and Lord Vishnu's Adisesha) to ward off the bad effects of Sarpa Dosha, to help mitigate and eradicate skin diseases, to help people in search for life partners (find suitable spouses), for progeny (Putra Bhagyam) and for the overall wellbeing of all. Sarpa Dosha may be present due to harm done to snakes and other reptiles in past births and due to other causes. Sarpa Dosha is recognized when all the other grahas in one's horoscope lie between Raahu and Kethu. Sarpa Dosha is often a reason for late marriages. Turmeric powder, rice, milk, coconuts, fruits and flowers are the ingredients generally offered for Sarpabali. The philosophy behind this puja is to restore a balance in the kundalini energy that animates our body. An imbalance or obstruction in the flow of Kundalini energy within our body leads to the development of various illnesses. Sarpabali puja directed at Lord Shiva seeks to restore this balance, thereby concomitantly restoring good health

Priest will be performing the puja in Kerala Tantri Style; Sankalpam during Prasanna puja will be done by priest by chanting your name(s) & birth star silently

Devotees can participate virtually via Zoom. Take bath and eat only fruits and vegetables on puja day. Devotees participating via Zoom, perform the puja facing east. During puja, light Diya/Lamp in east and west direction using cotton wicks, ghee or sesame oil. During puja chant 'OM Namah Shivaya' and 'OM Namo Nagarajaya Namaha'

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