



# Sri Siva Vishnu Temple

6905 Cipriano Road, Lanham MD 20706  
Tel: (301) 552-3335 Fax: (301) 552-1204



## Sri Vishnu Sahasranamam



Shuklam-baradharam Vishnum shashivarnam  
chaturbhujam |  
Prasanna vadanam dhyayet sarva vighnopa-  
shantaye ||  
Vyasam vasistha-naptaram shakteh poutrama-  
kalmasham |  
Parasha-raatmajam vande shukatatam taponidhim  
||  
Vyasaya vishnuroopaya vyasaroopaya vishnave |  
Namoh vai brahmanidhaye vasisthaya namo namah  
||  
Avikaraya shudhaya nithya paramathmane |  
Sadaika roopa roopaya vishnave sarva gishnave ||  
Yasya smarana-matrena janma-samsara  
bhandanat |  
Vimuchyate namasta-smai vishnave pradha-  
vishnave ||  
Om namo vishnave prabhavishnave  
VAISHAMPAYANA UVACHA  
Shrutva dharma nasheshana pavanani cha  
sarvashah |  
Yudhishtirah shantanavam punareva abhya-  
bhashata ||  
YUDHISHTHIRA UVACHA  
Kimekam daivatam loke kim vapyekam  
parayanam |  
Stuvantah kam ka marchantah prapnuyuh  
manavah-shubham ||  
Ko dharmah sarva-dharmanam bhavatah paramo

matah |  
Kim japanmuchyate janthuh janma samsara-  
bandhanat ||  
BHISHMA UVACHA  
Jagat-prabhum deva-devam anantam purusho-  
tamam |  
Sthuva nnama-sahasrena purushah satatottitah ||  
Tameva charcha-yannityam bhaktya purusha  
mavyayam |  
Dhyayan stuvan nama-syamschha yajamanah  
thameva cha ||  
Anadi-nidhanam vishnum sarvaloka mahe-  
shvaram |  
Lokadhyaksham sthuva nnityam sarva-duhkhatigo  
bhavet ||  
Brahmanyam sarva-dharmagnam lokanam  
keerthi-wardhanam |  
Lokanatham maha.-dbhootam sarvabhuta-bhavod-  
bhavam ||  
Esha me sarva-dharmanam dharmo-dhikatamo  
matah |  
Yadbhaktya pundaree-kaksham stavairarche nara  
sada ||  
Paramam yo maha-tejaha paramam yo maha-  
tapaha |  
Paramam yo mahad-bramha paramam yah  
parayanam ||  
Pavitranam pavitram yo mangalanam cha  
mangalam |



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Daivatam devatanam cha bhootanam  
yovyayah pita ||  
Yatah sarani bhutani bhavantyadi  
yugagame |  
Yasminscha pralayam yanti punareva  
yugakshaye ||  
Tasya loka pradhanasya jaganna-  
thasya bhupate |  
Vishnor nama-sahasram me shruru  
papa-bhayapaham ||  
Yani namani gounani vikhyatani  
mahatmanah |  
Rishibih parigeetani tani vakshyami  
bhootaye ||  
Vishno-ranam sahasrasya vedavyaso  
maha munih |  
Chandho nusthup tatha devah bhagavan  
devakee-sutah ||  
Amrutham-shubdavo beejam shaktir-devaki  
nandanah |  
Trisama hrudayam tasya shantya-rdhe viniyu-  
jyate ||  
Vishnum jishnum maha-vishnum prabha-vishnum  
mahe-svaram |  
Anekarupam daithyantham namami  
purushottamam ||  
Asya shree vishno divya sahasranama sthotra  
maha-mantrasya, shree vedavyaso bhagavan  
rishih, ansthup-chandah shree maha vishnuh  
paramatma shree mannarayanoo devata,  
amritam-shoodbhavo bhanuriti beejam, devakee  
nandana srasthetih shakthi udbavah kshobha-  
noo-deva iti paramo mantrah, shankha-bhru-  
nnadakee chakreeti keelakam, shanga-dhanva  
gadadhara itiastram rathanga-pani rakshobhya iti  
netram, trisama samaga ssamete kavacham,  
Annandham para-bramheti yonih rutu-  
shudarshanah kala iti digbandanah, sree  
vishvaroopaa iti dhyanam, shree maha vishnu-  
preet-yarthe vishnordivya sahasra-nama jape  
viniyogah.  
Dhyanam  
Kshiro-dhanvat-pradesha suchimani vilasat  
saikyate mauktikanam  
Maalaak-la-pta-sanasthah spatika-mani nibhaih  
mauktikaih mandi-takngah |  
Shrub-brai-rabrai-radabraih upari verachitaih  
muktah-peeusha-varsh



Aanande nah puniyat arenalina  
gadha shankha-panhi mukundaha ||  
Bhuh padao yasyanabih viyada-  
suranelah chandra-soorya-cha-netra  
|  
Karna-vasa-serodyah mooka-mapi  
dahano yesya-vaste-yamabdhih |  
Antastham-yasya-vishwam-suranara  
khagago bhogi gandharva dhaityeh  
!  
Chitram ram-ramyate tham  
tribhuvana-vapusham vishnu-  
meesham namami !!  
Om namo bhagavate vasudevaya  
Shantha-karam bhujaga-shayanam  
padma-naabham suresham |

Vishva-khaaram gagana sadrusham megevarnam  
shubhangam ||  
Lakshmi-kantham kamala-nayanam yogi-  
hrudhyana-gamyam |  
Vande vishnum bava-bhaya-haram sarva-lokaika-  
natham ||  
Megha-shyamam peetha-kauseya-vasam sree  
vatsajkam kaustu-bhod-bhace-thangam !  
Punyo-petam pundari-kaya thaksham vishnum  
vande sarva-lokaika natham ||  
Namah samasta bhutanam-adi-bhutaya bhubrite  
Aneka-ruparupaya vishnave prabha-vishnave

Sashamkha-chakram-sakriireeta-kundalam  
sapeetha-vastram-saraseeru-he kshanam |  
Sahara-vaksha sthala-shobi-kaustubham  
namami-vishnum-seerasaa chatur bhujam ||  
Om vishvam vishnu rvashatkaro bhoota-bhavya  
bhavat-prabhuh |  
Bhoota-krut bhoota-bhrud-bhavo bhootatma  
bhoota-bhavanah.||  
Pootatma paramatma cha muktanam parama-  
gatih |  
Avyayah purusha sakshee kshetragno-kshara eva  
cha.||  
Yogo yoga-vidam neta pradhana puru-sheshvarah  
|  
Narasimhavapu shreeman keshavah puru-  
shottamah.||  
Sarvah sharvah shivah sthanuh bhootadi-rnidhi  
ravyayah |  
Sambhavo bhavano bharta pradhavah prabhu



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reeshvarah ||  
Swayambhoo shambhu radityah  
pushka raksho maha-svanah |  
Anadi nidhano dhata vidhata  
dhatu ruttamah ||  
Aprameyo hrushee-keshah  
padma-nabho-mara-prabhuh |  
Vishva-karma manu-stvastha  
sthavishtah sthaviro dhruvah ||  
Agrahyah shashvatah krishno  
lohi-takshah pratrdanah |  
Prabhoota strikakubdhama  
pavitram mangalam param ||  
Ishanah pranadah prano  
jyeshthah shreshthah prajpatih |  
Hiranya-garbho bhoo-garbho  
madhavo madhu-soodanah ||  
Ishvaro vikramee dhanve medhavee vikramah  
kramah |  
Anuttamo dura-dharshah krutagnah kruti-  
ratmavan ||  
Suresha sharanam sharma vishva-retah praja-  
bhavah |  
Ahah samvatsaro vyalah pratyaya sarva-  
darshanah ||  
Aja sarve-shvara siddhah siddhi sarvadi  
rachyutah |  
Vrishakapi rame-yatma sarva-yoga vinih-srutah ||  
Vasu rvasumana satyah samatma sammita  
samah |  
Amoghah pundaree-kaksho vrusha-karama  
vrusha-krutih ||  
Rudro bahushira babhruh vishva-yoni shuchi-  
shravah |  
Amrita shashvatah stanuh vararoho maha-tapah ||  
Sarvaga sarva-vidbhanuh vishva-kseno  
janardanah |  
Vedo veda-vidha-vyango vedango veda-vit-kaviih  
||  
Loka-dhyaksha sura-dhyaksho dharm-  
dhyakshah kruta-krutah |  
Chatu-ratma chatu-rvyooaha chatur-damshtah  
chatur-bhujah ||  
Bhrajishnu rbhojanam bhokta sahisnu rajaga-  
dadijah |  
Anagho vijayo jeta vishva-yonih punar-vasuh ||  
Upendro vamanah pramshuh amogha shuchi  
roorjitah |



Ateendra sangraha sargo  
dhrutatma niyamo yamah ||  
Vedyo vaidya sada yogee  
veeraha madhavo madhuh |  
Ateendriyo maha-mayo  
mahotsaho maha-balah ||  
Maha-buddhir-maha-veeryo  
maha-shaktir-maha-dyuthih |  
Anirdeshyavapu-shreeman  
ameyatma maha dridhrut ||  
Mahe-shvaso mahee-bharta  
shreeniva satamgatih |  
Aniruddha sura-nando govindo  
govidam patih ||  
Mareechi rdamano hamsah  
suparno bhuja-gottamah |

Hiranya-nabhah sutapah padma-nabhah praja-  
patih ||  
Amrityu sarva-druk-simhah sandhata sandhi-man  
sthirah |  
Ajo durma-rshana shastha vishru-tatma sura-riha  
||  
Guru rguru-tamo dhama satya satya para-kramah  
|  
Nimisho-nimiisha srugvee vacha-spati ruda-  
radheeh ||  
Agranee-rgramanee shreeman nyayo neta  
samee-ranah |  
Sahasra-moordha vishvatma saha-srakshah  
saha-srapat ||  
Avartano nivru-ttatma sam-vruta sampra-  
mardanah |  
Aha-ssama-vartako vahnih anilo dharanee-  
dharah ||  
Supra-sadah prasa-nnatma vishva srudvishva-  
bhugvibhuh |  
Satkarta satkruta-sadhuh jahnur-narayano narah  
||  
Asan-khyeyo prame-yatma vishi-shta shishta-  
kruchu-chih |  
Siddhar-thah siddha-sankalpah siddhida siddhi-  
sadhanah ||  
Vrishahee vrishabho vishnuh vrusha-parva  
vrusho-darah |  
Vardhano vardha-manascha vivikta shruti-  
sagarah ||  
Subhujo durdharo vagmee mahendro-vasudho  
vasuh |





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Naika-roopo bruha-droopah  
shipi-vishtah praka-shanah ||  
Oja-hstejo dyuti-dharah praka-  
shatma prata-panah |  
Bhuddhah-spashta-khsharo  
mantrah chandramshu-  
rbhaskara-dyutih ||  
Amritam-shoodbhavo bhanuh  
shasha-bindhu-sureshvarah |  
Ausha-dham jagata setuh  
satya-dharma para-kramah ||  
Bhoota-bhavya bhava-nnathah  
pavanah pavano-nalah |  
Kamaha-kama-krutkantah  
kamah kama-pradah prabhuh ||  
Yugadi-krudyu-gavarto naika-mayo maha-shanah  
|  
Adrushyo vyakta-roopaschha sahasra-jidanantajit  
||  
Ishto-vishishta shishte-shtah shikhandee nahusho  
vrushah |  
Krodhaha krodha-krutkarta vishva-bahurma-  
heedharah ||  
Achyutah-prathiithah pranah pranado vasa-  
vanujah |  
Apamnidhi radishta-nam apra-mattah prati-shtitah  
||  
Skandah sanda-dharo dhuryo varado vayu-  
vahanah |  
Vasudevo bruha-dbhanuh adidevah pura-ndarah  
||  
Ashoka starana starah shoora-showri rjane-  
shvarah |  
Anu-koola shata-vartah padmee padma-nibhe-  
kshanah ||  
Padma-nabho ravinda-kshah padma-garbha-  
shareera-bhrut |  
Mahardhi bhoddho vrudha-tma maha-ksho  
garuda-dhvajah ||  
Atula-sharabho bheemah sama-yagno havir-harih  
|  
Sarva lakshana lakshanyo lakshmeevan samiti-  
nayah ||  
Veksharo rohito margo hethur-damodara sahadh |  
Mahee-dharo maha-bhago vegavana-mitashanah  
||  
Udbhavah ksho-bhano devah shree-garbhah  
parame-shvarah |



Karanam karanam karta vikarta  
gahano guhah ||  
Vyava-sayo vyava-sthanah  
sams-thanah sthanado dhruvah |  
Para-rdhih parama-spashta  
stushtah pushtah-shubhe-  
kshanah ||  
Ramo viramo virajo margo neyo  
nayo-nayah |  
Veera-shakti-matam shreshto  
dharmo dharmavidu-ttamah ||  
Vaikunthah purushah pranah  
pranadah pranavah pruthuh |  
Hiranya-garbha shatru-ghno  
vyapto vayu-radho-kshajah ||  
Rutu-sudar-shanah-kalah para-meshthi pari-  
grahah |  
Ugra-samva-tsaro daksho vishramo vishva-  
dakshinah ||  
Vistarah sthava ssthanuh pramanam beeja-  
mavyayam |  
Artho-nartho maha-kosho maha-bhogo maha-  
dhanah ||  
Anir-vinnah sthavishto bhoo dharmayoopo  
maha-makhah |  
Nakshatra-nemir-nakshatree kshamah shamah-  
samee-hanah ||  
Yagna ijyo mahe-jyashcha kratuh-satram satam-  
gatih |  
Sarva-darshee nivru-tatma sarva-gno gnana  
muttamam ||  
Suvrata-sumukha-sookshmah sughosha-  
sukhada-suhrut |  
Mano-haro jita-krodho veerba-burvi-daranah ||  
Swapanah svavasho vyapee naika-tma naika-  
karmakrut |  
Vatsaro vatsalo vatsee ratnagarbho  
dhaneshvarah ||  
Dharmagubdharmakrutdharmee  
sadasatksharamaksharam |  
Avignata saha-sramshuh vidhata kruta-lakshanah  
||  
Gabhasti-nemi-satvasthah simho bhoota-mahe-  
shvarah |  
Adidevo mahadevo devesho deva-bhrudguruh ||  
Uttaro gopatir-gopta gnana-gamyah pura-tanah |  
Shareera-bhoota-bhrud-bhokta kapee-ndro  
bhoori-dakshinah ||



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Somapo mrutapa-somah purujit-  
puru-sattamah |  
Vinayo-jaya-satya-sandho dasha-  
rhad satva-tampatih ||  
Jeevo vina-yita sakshee mukundo  
mita vikramah |  
Ambho-nidhi rana-ntatma maho-  
dadhi-shayo-ntakah ||  
Ajo maharhad svadhavyo jita-  
mitrah pramo-danah |  
Anando nandano nandah satya-  
dharma trivi-kramah ||  
Maharshih kapila-charyah  
krutagno medi-needatih |  
Tripada-strida-shadh-yakshah  
maha-shringah krutan-takrut ||  
Maha-varaho govindah sushenah kana-kangadee  
|  
Guhyo gabheero gahano gupta-shchakra  
gadadharah ||  
Vedhah-svango jitah-krishno dridha-sankarshano  
chyutah |  
Varuno varuno vrukshah pushka-raksho maha-  
manah ||  
Bhaga-van bhagaha-nandee vana-malee hala-  
yudhah |  
Adityo jyoti-radityah shishnur-gati-sattamah ||  
Sudhanva khana-parashuh daruno dravinah  
pradah |  
Divi-spru-ksarva drugvyaso vacha-spati rayonijah  
||  
Trisama samaga-samah nirvanam bsheshajam  
bhishak |  
Sanya-sakrutcha-mashanto nishtha-shantih  
para-yanam ||  
Shubhanga-shanti-dasrushta kumudah kuva-  
leshayah |  
Gohito gopati-rgopta vrusha-bhaksho vrusha-  
priyah ||  
Anivarthee nivru-ttatma samkshepta kshema-  
krutchhivah |  
Shree-vatsa-vakshah shree-vasah shree-pathih  
shree-matam varaah ||  
Shreedha-shreeshah shree-nivasah shree-nidil-  
shree-vibhavanah |  
Shree-dhara-shree-kara-shreyah shreem-man-  
lokatra-yashrayah ||  
Svaksha svangah shata-nando nandi-rjyoti rgane-



shvarah |  
Viji-tatma vidhe-yatma satkeerti-  
shchhinna samshayah ||  
Udeerna-sarva-tashchakshuh  
aneesha shashvatah sthirah |  
Bhooshayo bhooshano bhooti  
vishoka shoka-nashanah ||  
Archishma narchitah kumbho vishu-  
ddhatma visho-dhanah |  
Aniriddho pratirathah pradyumno  
mita-vikramah ||  
Kala-neminiha shourih shoora  
shoora-jane-shvarah |  
Tilo-katma trilo-keshah keshavah  
keshiha harih ||

Kama-devah kama-palah kamee kantah kruta-  
gamah |  
Anirde-shyavapuh vishnuh veero nantho  
dhananjayah ||  
Bramhanyo bramha-krut bramha barmha  
bramha vivar-dhanah |  
Bramha-vitbramahno bramhee bramhagno  
bramhana-ptiyah ||  
Maha-kramo maha-karma maha-teja mahoragah |  
Maha-kritu rmahayajva maha-yagno maha-havih  
||  
Stavya-stava-priya stotram stuta stotaa rana  
priyah |  
Poornah poorayita punyah punya-keerti rana-  
mayah ||  
Mano-java steertha-karo vasu-reta vasu-pradah |  
Vasu-prado vasu-devo vasur-vasu-mana havih

Sadgati satkruti-satta sadbhooti satpa-rayanah |  
Shoora-seno yadu-shreshthah sanni-vasa suya-  
munah ||  
Bhoota-vaso vasu-devah sarva-sunilayo nalah |  
Darpaha darpado drupto durdharo thapa-rajitah ||  
Vishva-moortir-maha-moortih deapta-moorti  
ramoortiman |  
Aneka-moorti-ravyaktah shata-moorti shata-  
nanah ||  
Eko-naika savah kah kim yatta-tpada manu-  
ttamam |  
Loka-bandhu rlokanatho madhavo bhakta-  
vatsalah ||  
Suvarna varno hemango varanga shchhanda-  
nangadee |



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Veeraha vishama shoonyo  
khritashee rachala shchalah ||  
Amanee manado manyo loka-  
swamee trilo-kadhrut |  
Sumedha medhajo dhanyah satya-  
medha dhara-dharah ||  
Tejo vrusho dyuti-dharah sarva-  
shastra-bhrutam varah |  
Pragraho nigrado vyagro naika-  
shrungo gada-grajah ||  
Chatur-moorti chatur-bhahu chatur-  
vyoohah chatur-gatih |  
Chatu-ratma chatur-bhavah chatur-  
veda-vidikapat ||  
Sama-varto nivru-ttatma durjayo  
durati-kramah |  
Durlabho durgamo durgo dura-vaso dura-riha ||  
Shubhango loka-sarangah sutantu stantu-  
vardhanah |  
Indra-karma maha-karma kruta-karma kruta-  
gamah ||  
Udbhava sundara sundo ratana-nabha sulo-  
chanah |  
Arko vaja-sani shrungi jayantah sarva-vijay ||  
Suvarna bindu-rakshobhyah sarva-vagee-shvare-  
shvarah |  
Maha-hrado maha-garto maha-bhooto maha-  
nidhih ||  
Kumudah kundarah kundah parjnyah pavano  
nilah  
Amrutamsho mruta-vapuh sarvagnah sarva-  
tomukhah ||  
Sulabha suvratah siddhah shatruji chhatru-  
tapanah  
Nyagro-dhodumbaro shvatthah chanoo-randhru  
nishoo-danah ||  
Saha-srarchi sapta-jihvah saptai-dha sapta-  
vahanah |  
Amoorti ranagho chintyo bhaya-krudbhaya-  
nashanah ||  
Anu rbruha tkrushah sthoolo guna-bhrunnir-guno-  
mahan |  
Adhruta svadhruta svastyah pragvamsho vamsha  
vardhanah ||  
Bhara-bhrut kathito yogee yogeesah sarva  
kamdah |  
Ashrama shramanah kshamah suparno vayu-  
vahanah ||



Dhanur-dharo dhanur-vedo dando  
damayita damah |  
Apara-jita sarva-saho niyanta niyamo  
yamah ||  
Satvavan satvika satyah satya-  
dharma para-yanah |  
Abhi-prayah priyarhorhah priyakrut  
preeti-varadhanah ||  
Vihaya-sagati rjyotih suru-chirhu-  
tabhugvibhuh |  
Ravi rvirochana sooryah savita ravi  
lochanah ||  
Ananta huta-bhugbhokta sukhado  
naikado grajah |  
Anirvinna sada-marshee lokadhi-  
shthana madbhutah ||  
Sanaa tsana-tana-tamah kapilah kapi-ravyayah |  
Svastida svasti-krut svasti svastibhuk svasti-  
dakshinah ||  
Aroudrah kundalee chakree vikra-myoorjita  
shasanah |  
Shabdatiga shabda-sahah shishira sharva-  
reekarah ||  
Akroorah peshalo daksho dakshinah kshaminam  
varah |  
Vidvattamo veeta-bhayah punya-shravana  
keertanah ||  
Uttarano dushkrutiha punyo dussvapna nashanah  
|  
Veeraha rakshana santo jeevanah parya-  
vasthitah ||  
Anantha roopo nantha shreeh jitamanyur-  
bhayapahah |  
Chatu-rasro gabhee-ratma vidisho vyadisho  
dishah ||  
Anadi rbhoorbhuvo lakshmeeh suveero ruchi-  
rangadah |  
Janano jana janmadih bheemo bheema-para-  
kramah ||  
Adhara nilayo dhata pushpa-hasah praja-garah |  
Urdhvaga satpa-thacharah pranadah pranavah  
panah ||  
Pramanam prana nilayah prana-bhrut prana  
jeevanah |  
Tattvam tattva videkatma janma mrutyu jaratigah  
||  
Bhoorbhuva svasta-rustarah savita prapi-tamahah  
| Yagno yagna-patir-yajva yagnango yagna-



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vahanah ||  
Yagna-bhrut yagnakru t yagee yagnabhuk yagna-  
sadhanah |  
Yajna-ntakrut yagna guhyam anna mannada eva-  
cha ||  
Atma-yoni svayam jaato vaikhana sama-gayanah  
|

Devakee nandana srashta  
kshiteeshah papa-nashanah ||  
Shankha-bhrut nandakee  
chakree sharngadhanva gada-  
dharah |  
Rathanga-pani rakshobhyah  
sarva praha-rana-yudhah ||  
Sree sarva-praha-rana-yudha  
om naman ithi

Vanmalee gadee sharngi  
shankhee chakree cha  
nandakee |  
Shree-maannaraayano vinshuh  
vaasu-devo dhira-kshatu ||  
(repeat the above two  
lines)

Iteedam keerta-neeyasya  
kesha-vasya maha-tmanah |  
Namnam sahasram divya-nam ashe-shena  
prakeer-titam ||  
Ya edam shrnunuyat nityam yaschhapi  
parikeertayet |  
Nashubham-prapnuyat-kinchit so mutreha-cha-  
manavah ||  
Vedan-tago bramhana-syat kshatriyo vijayee  
bavet |  
Vaisyo dhana-samru-ddhasyat shhoodra sukha  
mavap-nuyat ||  
Dharmarthee prapnu-yatdharmam artharthee  
chartha mapnuyat|  
Kamana-vapnuyat-kamee prajarthee chapnu-yat-  
prajam ||  
Bhakt-imanya sadotthaya shuchi-stadgata  
manasah |  
Sahasram vasu-devasya namna metat prakee-  
rtayet ||  
Yashah prapnoti vipulam ynati praadhanya meva-  
cha |  
Achalam shriya mapnothi shreyah prapnotya-  
nuttamam ||  
Na bhayam kvachi dapnoti veeryam tejachha

vindati |  
Bhava tyarogo dhyu-timan bala-roopa gunan-  
vitah ||  
Rogarto muchyate rogat baddho muchyeta  
bandhanat |  
Bhaya nmuchyeta bheetastu muchye tapanna  
apadha ||



Durganya-titara tyashu  
purushah purusho-ttamam |  
Stuva nnama-saha-srena  
nityam bhakti saman-vitah ||  
Vasu-deva-shrayo marthyo  
vasu-deva para-yanah |  
Sarva-papa vishu-ddhatma  
yati bramha sana-tanam ||  
Na vasu-deva bhakta-nam  
ashubham vidyate kvachit |  
Janma mrithyu jara vyadhi  
bhayam naivapa jayate ||  
Emam stava madhee-yanah  
shraddha-bhakti sama-nvitah  
|  
Yujye tatam sukha-kshantih  
shree-dhrati smruti keertibhih  
||

Na krodho na matsaryam na lobho na shubha-  
matih |  
Bhavanti kruta punyanam bhakta-nam puru-  
shottame ||  
Dhyou sachan-drarka nakshatra kham disho  
bhoorma-hodadhih |  
Vasu-devasya veeryena vidhrutani mahat-manah  
||  
Sa-sura-sura gandharvam sa-yaksho-raga  
raksha-sam |  
Jaga-dvashe varta-tedam krishnasya sachara-  
charam ||  
Indri-yani mano-buddhieh satvam tejo-balam  
dhrutih |  
Vasu-devatma kanyahuh kshetram-kshetragyna  
eva cha ||  
Sarva-gamana macharah prathamam pari-kalpate  
|  
Aachara prabhavo dharmo dharmasya pradhu-  
rachyutah ||  
Rushayah pitaro devah maha-bhootani dhatavah |  
Jangama-jangamam chedam jagannaraya-  
nodbhavam ||





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Yogo gyanam tatha sankhyam vidya shilpadi  
karma-cha |  
Vedah shastrani vigynana etat-sarvam janar-  
danat ||  
Eko-vishnu rmaha-dbhootam prutha-gbhoota  
nyanekasah |  
Trilon-lokan-vyapya-bhootatma bhujkte vishva-  
bhugavyayah ||  
Emam stavam bhagavato vishnor-vyasena  
keertitam |  
Pathedya echhet purushah shreyah praptum  
sukhani-cha ||  
Vishve-shvara majam devam jagatah prabhu  
mavyam |  
Bhajanti ye pushka-raksham nate yanti para-  
bhavam ||  
Na te yanti para-bhavam om nama iti  
ARJUNA UVACHA  
Padma-patra visha-laksha padma-nabha suro-  
ttama |  
Bhaktana manu-raktanam trata bhava janar-dana  
||  
SHREE BHAGAVAN UVACHA  
Yo-mam nama saha-srena stotu michhati  
pandava |  
Sho ha mekena shlokena stuta eva na  
samshayah ||  
Stita eva na samshaya om nama iti  
VYASA UVACHA  
Vasa-naad vasu devsaye vasitham te jaga-  
thrayam |  
Sarva-butha nivaso si vaasu-deva namo stute ||  
Vasu-deva namostute om nama iti  
PARVATI UYVACHV  
Keno-paayena laghunaa vishnur-nama saha-  
skrakam |  
Patyate pamditeh nityam shortu michha myaham

prabho ||  
ESHWARA UVACHA  
Shree-rama ram rameti rame raame mano-rame |  
Saha-sranaama tattulyam raama-naama varaa-  
nane ||  
Raama-naama varaa-nana om nama iti  
(The above 2 lines read 2 times)  
BRAMHO UVACHA  
Namo stvana-ntaya saha-sramurtaye  
Saha-srapaa-dakshi shiroru-bahave |  
Saha-sranaamne puru-shaya shashvate  
Saha-srakoti-yuga-dharine namah ||  
Saha-srakoti yuga-dharina om nama iti  
SANJAYA UVACHA  
Yatra yoge-shvarah krushno yatra paardho  
dhanur-dharah |  
Tatra-shreeh vijayo bhutih dhruva neetih mati  
rmama ||  
SHREE BHAGA-VAANU-VACHA  
Ananya-schanta-yanto mam ye janaah paryu-  
panate  
Tesham nitya-bhiyuktanaam yoga-kshemam  
vaha-myaham ||  
Pari-tranaya sabhunaam vinaa-shaya cha  
dushkrutam |  
Dharam samstha-panardhaya sambha-vami yuge  
yuge ||  
Aartha-vishanna-shithila-schabhitah  
ghoreshucha-vyadhi-varthamanah |  
Samkeertya-narayana-shabda-matram vimukta-  
duhghah-sukhino-bhavanti ||  
Kayena vaachha mana-sendhriyerva  
Buddhyatma-naavaa prakrute-svabha-vaat |  
Karomi yadyat sakalam parasmai  
Naaraa-yanayeti samarpa-yame ||

