

श्री गुरुभ्यो नमः
हरिः ॐ
श्री वैद्यनाथाय नमः
श्री धन्वतरये नमः
Sri Gurubhyo NamaH
HariH OM
Sri vaidyanaathaaya namaH
Sri Dhanvantharaye namaH

Sri Siva Vishnu Temple

Sri VaidhyanaaTha Ashtaka and Sri Dhanvanthari Mahaa Mantra for Daily Paaraayana by Devotees

Introduction:

SSVT is publishing Sri VaidhyanaaTha Ashtaka and Sri Dhanvanthri Mahaa Mantra for devotees to recite and do mass prayers for the benefit of all humanity during the time of the Corona Virus Crisis.

Sri Vaidhyanaatha stotra is a prayer to Lord Shiva who is considered as the king of all Physicians. The Stotra praises the qualities of Shiva. The stotra says that Lord Shiva is worshipped by all gods and is compassionate; He is the healer of all diseases. The recitation of this stotra is believed to cure diseases. The stotra is recited in tune similar to the famous 'shiva panchakshara stotra'.

There is a video recording of the chanting of these stotras by SSVT Acharyas in the SSVT Facebook page and website to help the Devotees in chanting the stotras.

Sri Dhanvantari stotra praises Lord Dhanvanthri, an avatara (incarnation) of Lord Vishnu, is also a Master Physician. He is considered to be the divine founder of Ayurveda and healer of all diseases. Sri Dhanvantari Mantra is believed to cure diseases.

English Translation of Sri Vaidhyanaatha ashtaka is by Sri P.R. Ramachandar with some modifications.

Samkalpa:

ॐ शुक्लांबरधरं विष्णुं शशिवर्णं चतुर्भुजं ।

प्रसन्नवदनं ध्यायेत् सर्व विघ्नोपशान्तये ॥

मम उपात्त समस्तदुरितक्षयद्वारा श्री परमेश्वर प्रीत्यर्थ ,
पूर्वोक्त एवंगुण विशेषणविशिष्टायां अस्यां शुभतिथौ, परकृत क्रियमाण
करिष्यमाण सकलमन्त्रतन्त्रयन्त्र विषचूर्ण आभिचार कृत्यनाजनादि प्रेरित
अध्यात्मिक आधिदैविक आधिभौतिक अतर्क आपत्प्रद व्याधीनां आत्मात्मीय पीडा
चिन्तन दर्शनादि जनितानां अन्ततः निवृत्तिद्वार सर्वेषां भक्तमहाजनानां शरीरे
वर्तमान वर्तिष्यमान सकल रोग निवारनद्वारा क्षिप्र आरोग्य भाग्य सिध्यर्थ,
अपमृत्यादि दोष परिहारार्थ,
क्रिमिकीटपक्षिजलचरादिजनित नानाविध ज्वरनिवृत्त्यर्थ,
सकलभयादि निवृत्तिद्वारा मनः शान्ति सिध्यर्थ च
वैद्यनाथ अष्टक संजीविनि धन्वन्तरि महामन्त्र पारायणं च करिष्ये ॥

In English script:

OM

Shuklambaradhram VishnuM Shashi varnam

Prasanna vadanam Dhyayet sarva vighnopa shantaye ॥

mama upaatta samasta durita kshayadvara Sri Parameswara preetyartham,
purvokta evan guna viesheshaNa vishishtaayam asyaam shubha tithau parakruta
kriyamaaNa karishyamaaNa sakala mantra tantra yantra vishachoorana aabhichaara
kritynaajanaadi prerita adhyaatmika aadhdaivika aadhibhoutika atarka aapatprada
Vyaadheenaam aatmaatmeeya peeda chinatana, darshanaadi janitaanam antatah
nivrutri dvaara,
sarveshaam bhkata mahaa-janaanaam sharire vartamana vartishya-maana sakala
roga nivaaranadvaara kshipra arogya bhaagya sidhyarthaM, apamrutyaadi dosha
pariharaartham,
krimi-keeta pakshi jalacharaadi janita naana vidha jwara nivruttyartham sakala bhayaadi
nivrutti dvaara manaH shaanti sidhyarthaM cha
vaidhyanaatha ashtaka Sanjeevni dhanvanatari maha mantra paaraayanaM cha
karishye ॥

Samkalpa Summary:

Devotee is making a divine intention to do paarayana of Sri Vidhyanaatha Ashtaka and Sri Dhanvantari Mahaa mantra as a devotion to the Lord and for the removing the various diseases that are tormenting the world today and for well being of all human beings.

Sri Vaidhyanaatha Ashtaka

श्रीराम सौमित्रि जटायुवेद-
षडाननादित्य कुजार्चिताय ।
श्री नीलकण्ठाय दयामयाय
श्री वैद्यनाथाय नमः शिवाय ॥ १ ॥

*Sree rama soumithri jataayu veda,
ShaDanaa-dithya kujarchi-thaaya,
Sree neelakanthaaya dayaa-mayaaya,
Sree vaidyanaathaaya namaH shivaaya. ||1||*

I salute Lord Shiva,
Who is the king among physicians,
Worshipped by Rama and Lakshmana,
Worshipped by Jatayu,
Praised by the Vedas,
Worshipped by Lord Subrahmanya,
Worshipped by the Sun god and Mars god,
Who has a blue neck,
And who is the personification of mercy.

गंगाप्रवाहेन्दु-जटाधराय त्रिलोचनाय स्मरकालहन्त्रे ।
समस्तदेवैरपि पूजिताय
श्री वैद्यनाथाय नमः शिवाय ॥ २ ॥

*Ganga pravahendu jataa dharaaya,
Trilochanaya smara kala hanthre,
Samstha devai-rapi pooji-thaaya,
Sree vaidyanaathaya namaH shivaaya ||2||*

I salute Lord Shiva,

Who is the king among physicians,
Who wears the flowing Ganges and the moon on his head,
Who has three eyes,
Who had killed the God of love and death,
And who is worshipped by all devas.

भक्तप्रियाय त्रिपुरान्तकाय
पिनाकिने दुष्टहराय नित्यम् ।
प्रत्यक्षलीलाय मनुष्यलोके
श्री वैद्यनाथाय नमः शिवाय ॥ ३ ॥

*Bhaktha priyaaya, tripurantha-kaaya,
Pinakine dushta haraaya nithyam,
Prathyaksha leelaaya manushya loke,
Sree vaidyanathaaya namaH shivaaya. ||3||*

I salute Lord Shiva,
Who is the king among physicians,
Loves his devotees,
Who destroyed the three cities (constructed by Demon king Maayaasura)
Who holds the bow called Pinaka,
Who daily destroys bad people,
And who plays in the world of humans.

प्रभूतवातादि समस्त रोग-
प्रणाशकर्त्रे मुनिवन्दिताय ।
प्रभाकरेन्द्वग्निविलोचनाय
श्री वैद्यनाथाय नमः शिवाय ॥ ४ ॥

*Prabhootha-vaataadhi samastha roga,
PraNaasa-karthre muni-vandhithaaya,
Prabhakarenn-dwagni vilocha-naaya,
Sree vaidyanathaaya namaH shivaaya. ||4||*

I salute Lord Shiva,
Who is the king among physicians,
Who cures all great diseases,
Like Rheumatism and Arthritis,
Who is saluted by great sages,
And to whom, the sun,
Moon and fire gods are His eyes.

वाक्श्रोत्रनेत्राङ्घ्रिविहीनजन्तोः
वाक्श्रोत्रनेत्राङ्घ्रिमुखप्रदाय ।
कृष्ठादिसर्वोन्नतरोगहन्त्रे
श्री वैद्यनाथाय नमः शिवाय ॥ ५ ॥

*Vaak-shrothra-nethraa-nghri-viheena-janthoH,
Vaak-shrothra-nethraa-nghri-mukha-pradaaya,
KushTaadhi-sarvonnatha-roga hanthre,
Sree vaidyanathaaya namaH shivaaya||6||*

I salute Lord Shiva,
Who is the king among physicians,
Who blesses those beings,
Who have lost their speech, hearing, sight and ability to walk,
Restores these abilities in them,
And who provides cure,
For devastating diseases like leprosy.

वेदान्तवेद्याय जगन्मयाय
योगीश्वरध्येयपदांबुजाय ।
त्रिमूर्तिरूपाय सहस्रनाम्ने
श्री वैद्यनाथाय नमः शिवाय ॥ ६ ॥

*Vedantha vedhyaaya jagan mayaaya,
Yogeeswara-dhyeya Padaambujaaya,
Trimurthy-roopaya sahasra-naamne,
Sree vaidyanathaaya namaH shivaaya||6||*

I salute Lord Shiva,
Who is the king among physicians,
Who can be known through vedantha,
Who is spread throughout the universe,
Whose lotus feet is ,
Meditated upon by great sages,
Who is of the form of the holy trinity,
And who has thousand names.

स्वतीर्थ मृत् भस्मभृदंगभाजां
पिशाचदुःखार्तिभयापहाय ।

आत्मस्वरूपाय शरीरभाजां
श्री वैद्यनाथाय नमः शिवाय ॥ ७ ॥

*SwaTheertha mrud-bhasma-bhrudanga-bhaajaam,
Pisacha-dukha-aarthi-bhayapahaaya,
Aathma-swaroopaaya sareera-bhaajaam,
Sree vaidyanathaaya namaH shivaaya||7||*

I salute Lord Shiva,
Who is the king among physicians,
Who removes all sufferings,
Caused by bad spirits, sorrows and fears,
By dip in his holy tank,
By the holy ash in the temple,
And by the mud below the neem tree of the temple,
And who is the personification of soul,
Occupying the human body.

श्री नीलकण्ठाय वृषध्वजाय
स्रग्गन्धभस्माद्यपिशोभिताय ।
सुपुत्र दारादि सुभाग्यदाय
श्री वैद्यनाथाय नमः शिवाय ॥ ८ ॥

*Sree neela-kanthaaya vrusha-dhwajaaya,
Sragghandha bhasmaadhyapi-shobithaaya,
Suputhraadaradi subhaagyadaaya,
Sree vaidyanathaaya namaH shivaaya||8||*

I salute Lord Shiva,
Who is the king among physicians,
Who has a blue neck,
The bull on his flag,
Who shines by flowers, sacred ash and sandal,
Who grants good children and good wife,
And who blesses us with all good luck.

वालाम्बिकेश वैद्येश भवरोगहरेति च ।
जपेन्नामत्रयं नित्यं महारोगनिवारणम् ॥९॥

Balambikेशha vaidyेशha bhava-roga-harethi-cha

Japen-namathrayam-nithyam mahaa roga nivaaranam. ||9||

Those who recite this prayer,
Thrice a day with devotion,
And pray the Lord Vaidyanatha,
Who is with his consort Balambika,
And who removes the fear of birth and death,
Would get cured of all great diseases.

Sri Dhanvantari Mahaa Mantra:

One of the most famous incarnations of Lord Vishnu, Lord Dhanvantri is said to have emerged out of the milky ocean at the time when the demons and gods churned it to get the immortal nectar. Worshipped in the form of the god of medicine, Dhanvantri is given the supreme place in the Ayurvedic system of traditional Indian medicine. He is said to be the physician of the Gods and the one who saves the world from all diseases.

Being a manifestation of Lord Vishnu, Dhanvantri is represented in dark complexion carrying a jug filled with the immortal nectar. He is depicted wearing yellow clothes and adorned with flower garlands and ornaments. He has four hands. Devotees pray to Dhanvantri for happiness, health, and prosperity. There are some mantras like Dhanavantari Mantra known to please the Lord and seek his blessings in abundance.



ॐ नमो भगवते वासुदेवाय धन्वंतरये
अमृतकलश हस्ताय सर्वामयविनाशनाय
त्रिलोक्यनाथाय श्री महाविष्णवे स्वाहा ॥1॥

Om Namo Bhagavate Vasudevaaya Dhanvantaraye

Amrutha-Kalasa-Hasthaaya Sarvaamaya-Vinaashanaaya

Tri-Lokya-Naathaaya Shri Mahaavishnave Swaaha ॥1॥

अच्युतानन्त गोविन्द नामोच्चारण भेषजात ।
नश्यन्ति सकलाः रोगाः सत्यं सत्यं वदाम्यहं ॥2॥

Achyutaananta Govinda Namoccharana bhashajaat |

Nashyanti sakalaaH rogaah satyam satyam Vadaamyaham ॥ 2॥

Dhanavantari Mantra Meaning

I bow down and pray to Lord Dhanvantari, the one who is the incarnation of Lord Vishnu, the Lord with four hands carrying a conch and a pot filled with immortal nectar. O Lord, you can remove all diseases and fears. You protect all the three worlds and you are the well-wisher of all beings. You are the Lord of Ayurveda and the manifestation of Lord Vishnu. You are the ultimate healer of all the living creatures. We worship and pray to you. ॥1॥

Chanting of the names of Achuyta, Ananta, and Govinda is a Physician by itself. This Physician will cure all diseases. I am telling the Truth. I am telling the Truth ॥2॥