Sri Siva Vishnu Temple

Sri VaidhyanaaTha Ashtaka and Sri Dhanvanthari Mahaa Mantra for Daily Paaraayana by Devotees

Introduction:

SSVT is publishing Sri VaidhyanaaTha Ashtaka and Sri Dhanvanthri Mahaa Mantra for devotees to recite and do mass prayers for the benefit of all humanity during the time of the Corona Virus Crisis.

Sri Vaidhyanaatha stotra is a prayer to Lord Shiva who is considered as the king of all Physicians. The Stotra praises the qualities of Shiva. The stotra says that Lord Shiva is worshipped by all gods and is compassionate; He is the healer of all diseases. The recitation of this stotra is believed to cure diseases. The stotra is recited in tune similar to the famous ‘shiva panchakshara stotra’.

There is a video recording of the chanting of these stotras by SSVT Acharyas in the SSVT Facebook page and website to help the Devotees in chanting the stotras.

Sri Dhanvantari stotra praises Lord Dhanvanthri, an avatara (incarnation) of Lord Vishnu, is also a Master Physician. He is considered to be the divine founder of Ayurveda and healer of all diseases. Sri Dhanvantari Mantra is believed to cure diseases.

English Translation of Sri Vaidhyanaatha ashtaka is by Sri P.R. Ramachandar with some modifications.

Samkalpa:

ॐ शुक्लांबरधरं विष्णु शशिवर्ण चतुर्भुजं ॐ
प्रसन्नवदनं ध्यायेत् सर्व विचनोपशान्तये ॥

मम उपात समस्तदृषिक्षयद्वारा श्री परमेश्वर प्रीत्यर्थः
पूर्वकं एवंगुणं विशेषविशिष्टायं अस्त्यं शुभातिः परकृत क्रियामाण
करिष्यमाणं सकलमन्त्रंतंत्रयन्त्र विषयं आभिचार कृत्याजनानादि प्रेरित
अध्यात्मिक आध्यात्मिक आध्यात्मिक अर्कर्क आपत्प्रद व्याधीं आत्मानीय पीडा
चिन्तनं दर्शनादि जनितानं अन्तत: निवृत्तिद्वारा सर्वं भक्तमहाजनानां शरीरं
वर्तमान वर्तिष्यमान सकल रोग निवारणद्वारा क्षिप्र आरोग्य भाग्य सिद्धयं
अपमृत्यूदि दोष परिहारं, क्रिमीकृतीमक्षिविजिज्ञविज्ञविज्ञ नानाविभुति ज्वरविभुति
सकलभयादि निवृत्तिद्वारा मन: शान्ति सिद्धयं च वैध्यनाथ अष्टक संजीविनि धन्वन्तरं महामन्त्र पारायणं च करिष्ये ॥

In English script:

Om
Shuklambaradhram VishnuM Shashi varnam
Prasanna vadanam Dhyayet sarva vighnopas shantaye ॥

mama upaatta samasta durita kshayadvara Sri Parameswara preetyartha,
purvokta evan guna viesheshaNa vishishtaayam asyaam shubha tithau parakrute
kriyamaaNa karishyamaaNa sakala mantra tantra yantra vishachoorna aabhiachaara
kritynaajanaadi prerita adhyaatmika aadhdaivika aadhibhoutika atarka aapatprada
Vyaadeheenaam aatmaatmeeya peeda chinatana, darshanaadi janitaanam antatah
nivruti dvaara,
sarveshaam bhkata mahaan-janaanaam sharire vartamana vartishya-maana sakala
roga nivaaranadvaaara kshipra arogya bhaagya sidhyarthaM, apamruptyaadi dosha
pariharaartham,
krimi-keeta pakshi jalacharaadi janita naana vidha jwara nivrutyeartham sakala bhayaadi
nivrutti dvaara manaH shaanti sidhyarthaM cha
vaidhyanaathaa ashtaka Sanjeevni dhanvanatari maha mantra paaraayanaM cha
darishyeyide ॥
Samkalpa Summary:

Devotee is making a divine intention to do paarayana of Sri Vidhyanaatha Ashtaka and Sri Dhanvantari Mahaa mantra as a devotion to the Lord and for the removing the various diseases that are tormenting the world today and for well being of all human beings.

Sri Vaidhyanaatha Ashtaka

श्रीराम सौमित्रि जटायुवेद-
षडननादित्य कुजाचिँताय ।
श्री नीलकण्ठाय दयायঃ
শ্রী বৈদ্যনাথায় নাম: শিবায় ॥ ১ ॥

Sree rama soumithri jataayu veda,
ShaDanaa-dithya kujarchi-thaaya,
Sree neelakanthaaya dayaa-mayaaya,
Sree vaidyanaathaaya namaH shivaaya. ||1||

I salute Lord Shiva,
Who is the king among physicians,
Worshipped by Rama and Lakshmana,
Worshipped by Jatayu,
Praised by the Vedas,
Worshipped by Lord Subrahmanya,
Worshipped by the Sun god and Mars god,
Who has a blue neck,
And who is the personification of mercy.

गंगाप्रवाहेन्दु-जटाधराय त्रिलोचनाय स्मरकालहन्त्रे ।
समस्तदेवशिपृ पुजिताय
শ্রী বৈদ্যনাথায় নাম: শিবায় ॥ ২ ॥

Ganga prakahendu jataa dharaaya,
Triloohanaya smara kala hanthre,
Samstha devai-rapi pooji-thaaya,
Sree vaidyanaathaya namaH shivaaya ||2||

I salute Lord Shiva,
Who is the king among physicians,
Who wears the flowing Ganges and the moon on his head,
Who has three eyes,
Who had killed the God of love and death,
And who is worshipped by all devas.

Bhaktapriyaay triputaranthakaaya,
Pinakine dushta haraaya nithyam,
Prathyaksha leelaaya manushya loke,
Sree vaidyanathaaya namaH shivaaya.||3||

I salute Lord Shiva,
Who is the king among physicians,
Loves his devotees,
Who destroyed the three cities (constructed by Demon king Maayaasura)
Who holds the bow called Pinaka,
Who daily destroys bad people,
And who plays in the world of humans.

Prabhootha-vaataadhi samastha roga,
PraNaasa-karthre muni-vandhithaaya,
Prabhakarenn-dwagni vilocha-naaya,
Sree vaidyanathaaya namaH shivaaya.||4||

I salute Lord Shiva,
Who is the king among physicians,
Who cures all great diseases,
Like Rheumatism and Arthritis,
Who is saluted by great sages,
And to whom, the sun,
Moon and fire gods are His eyes.
I salute Lord Shiva,
Who is the king among physicians,
Who blesses those beings,
Who have lost their speech, hearing, sight and ability to walk,
Restores these abilities in them,
And who provides cure,
For devastating diseases like leprosy.

I salute Lord Shiva,
Who is the king among physicians,
Who can be known through vedantha,
Who is spread throughout the universe,
Whose lotus feet is ,
Meditated upon by great sages,
Who is of the form of the holy trinity,
And who has thousand names.
I salute Lord Shiva,
Who is the king among physicians,
Who removes all sufferings,
Caused by bad spirits, sorrows and fears,
By dip in his holy tank,
By the holy ash in the temple,
And by the mud below the neem tree of the temple,
And who is the personification of soul,
Occupying the human body.

I salute Lord Shiva,
Who is the king among physicians,
Who has a blue neck,
The bull on his flag,
Who shines by flowers, sacred ash and sandal,
Who grants good children and good wife,
And who blesses us with all good luck.
Those who recite this prayer,
Thrice a day with devotion,
And pray the Lord Vaidyanatha,
Who is with his consort Balambika,
And who removes the fear of birth and death,
Would get cured of all great diseases.

**Sri Dhanvantari Mahaa Mantra:**

One of the most famous incarnations of Lord Vishnu, Lord Dhanvantri is said to have emerged out of the milky ocean at the time when the demons and gods churned it to get the immortal nectar. Worshipped in the form of the god of medicine, Dhanvantri is given the supreme place in the Ayurvedic system of traditional Indian medicine. He is said to be the physician of the Gods and the one who saves the world from all diseases.

Being a manifestation of Lord Vishnu, Dhanvantri is represented in dark complexion carrying a jug filled with the immortal nectar. He is depicted wearing yellow clothes and adorned with flower garlands and ornaments. He has four hands. Devotees pray to Dhanvantri for happiness, health, and prosperity. There are some mantras like Dhanvantari Mantra known to please the Lord and seek his blessings in abundance.
Om Namo Bhagavate Vasudevaaya Dhanvantaraye

Amrutha-Kalasa-Hasthaaya Sarvaamaya-Vinaashanaaya

Tri-Lokya-Naathaaya Shri Mahaavishnave Swaaha ||1||

अच्युतानन्त गोविन्द नामोच्चारण भेष्जजातः
नश्यंन्ति सकलः रोगाः सत्यं सत्यं वदाम्यांह ||2||

Achyutaananta Govinda Namoccharana bhashajaat |

Nashyanti sakalaaH rogaah satyam satyam Vadaamyaham  || 2||

Dhanavantari Mantra Meaning

I bow down and pray to Lord Dhanvantari, the one who is the incarnation of Lord Vishnu, the Lord with four hands carrying a conch and a pot filled with immortal nectar. O Lord, you can remove all diseases and fears. You protect all the three worlds and you are the well-wisher of all beings. You are the Lord of Ayurveda and the manifestation of Lord Vishnu. You are the ultimate healer of all the living creatures. We worship and pray to you. ||1||

Chanting of the names of Achuyta, Ananta, and Govinda is a Physician by itself. This Physician will cure all diseases. I am telling the Truth. I am telling the Truth   ||2||